

# Monthly Habit Tracker



January March April May June July August September October November December

My Habits	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

# Monthly Habit Tracker - Example



January March April **May** June July August September October November December

My Habits	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Declutter 1 item	✓	✓	✓	✓																											
Write 2 lines in my journal	✓	✓	✓	✓																											
Stretch for two minutes	✓	✓	✓	✓																											
Do Spanish lesson	✓	✓	✓	✓																											

## Ready to take your clutter clearing and organizing to the next level?



Then I invite you to check out my favorite e-course:  
**Clutter Control 101**

For a limited time it's just \$19, over 75% off!

**You'll learn how to overcome the overwhelm and release the emotional ties that keep you tethered to your clutter, and you'll build the habits that will allow you to maintain your efforts.**

Clutter isn't just about physical stuff – your mindset and emotions play a huge role. Mental barriers are real and you'll learn how break through them. This is whole life decluttering. Participants will gain the skills and insight that foster empowerment and confidence!

This isn't just a how-to workshop, it has a built in 'act on it now' component. Information without action is just more clutter and your goal is to lose the clutter, right? This workshop combines information with practical application. If you are ready to act, you will see real results.

### **Details:**

- All on line so you can participate from the comfort of your home.
- You can go at your own pace, all materials are yours forever.
- You get access to me to ask all the questions you want.
- Accountability is built in through an optional private group.
- Tuition is just \$19 (normally \$79!) and includes a risk free, satisfaction guarantee.
- Plus, you get two bonuses: The Paper Organization Made Easy E-Course (it's normally \$49) and the Creating Clarity, Finding Focus Workbook.

All of this is **just \$19** for a limited time only

Find out more and sign up at:

<https://organizingmaven.com/clutter-control-101-online-organizing-workshop/>